

EDITORS' OPINION

The European Priority Medicines ("Prime") scheme cements industry influence over early marketing authorisation

Over the past few years, the European Medicines Agency (EMA) and national drug regulatory agencies have added new ways to provide early market access for certain drugs: accelerated assessment, conditional marketing authorisation, approval under exceptional circumstances, and compassionate use programmes such as France's Temporary Authorisation for Use (ATU) scheme (1,2).

The European Priority Medicines (Prime) scheme was launched in 2016. It aims to enhance cooperation between the EMA and pharmaceutical companies, as well as health technology assessment bodies (such as the French National Authority for Health (HAS)), in order to accelerate the market introduction of certain drugs (2,3). Betibeglogene autotemcel is one of the first drugs to have obtained European marketing authorisation through the Prime scheme (see opposite).

Access to early approval that strengthens agency-industry ties. Drugs are eligible for the Prime scheme from an early stage of development if the pharmaceutical company provides evidence that they may constitute a major therapeutic advance for patients with unmet medical needs (2,3).

The scheme gives the company access to support from a multidisciplinary group of specialists from various EMA scientific committees or working parties. The objective of this group is to periodically provide the company with advice on regulatory and administrative issues so that marketing authorisation can be granted earlier. They involve other organisations if necessary, such as health technology assessment bodies, to prevent conflicting decisions regarding marketing authorisation and reimbursement (2). There is no charge for requesting access to the scheme, but fees are generally charged for EMA advice (with some exceptions, including for public-sector or private non-profit research organisations or universities) (4,5).

Early marketing authorisation = minimal and often incomplete evaluation. Early marketing authorisation often means that the drug's evaluation was based on very limited and typically non-comparative clinical data, using surrogate endpoints that do not necessarily reflect clinical outcomes. This leaves many uncertainties, in particular concerning the drug's adverse effects, because it was evaluated in a small group of highly-selected patients (1).

Early marketing authorisations place great emphasis on post-marketing evaluation. But experience shows that pharmaceutical companies rarely honour their commitments to conduct post-authorisation studies, and that these studies provide a lower level of evidence than double-blind randomised comparative clinical trials conducted before marketing authorisation is obtained. Decisions on whether to withdraw a previously authorised drug from the market, or withdraw reimbursement, are politically awkward and take a long time, sometimes years, during which time patients continue to be exposed to the drug. These decisions are likely to be even more difficult when agencies have participated in the drug's development (1,2,6). Patients' interests are often best served by continuing the drug's evaluation to obtain more robust data, including enrolment of a more diverse sample of target patients, rather than by rushing the drug onto the market.

For example, despite the apparent benefits of betibeglogene autotemcel, its still-partial assessment makes continued evaluation crucial, yet it could be hindered by the fact that marketing authorisation has been granted.

In practice A scheme that gives drug companies even more influence over EMA decisions. The EMA has been providing "scientific advice" to pharmaceutical companies for a fee since 2005. The Prime scheme further cements a well-known practice that can lead to regulatory capture (7). Early cooperation between drug companies, the EMA and national health technology assessment bodies is one more mechanism that strengthens the pharmaceutical industry's influence over these agencies' decisions. Do these agencies have the necessary detachment to conduct impartial evaluations? This cooperation also compromises the role of national health technology assessment bodies as a "watchdog". This scheme further destabilises the power balance between the pharmaceutical industry and agencies, benefiting industry at the expense of patients.

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► Translated from *Rev Prescrire* **September 2020** Volume 40 N° 443 • Page 646-5

¹⁻ Prescrire Editorial Staff "Adaptive pathways: EMA's dangerous plan" Prescrire Int 2016; 25 (174): 223.

²⁻ Santos Quintano A "Conférence-débat. "AMM fractionnées": les projets imprudents de l'agence européenne du médicament" Pilule d'Or Prescrire 2016: 4 pages.

³⁻ EMA "Enhanced early dialogue to facilitate accelerated assessment of Priority Medicines (PRIME)" 7 May 2018: 12 pages.

⁴⁻ EMA "Decision of the Executive Director on fee reductions for scientific advice requests on PRIME products for SMEs and applicants from the academic sector. EMA/63484/2016" 27 May 2016: 4 pages.

⁵⁻ EMA "European Medicines Agency Guidance for applicants seeking access to PRIME scheme. EMA/191104/2015" 7 May 2018: 10 pages.

⁶⁻ Prescrire Editorial Staff "The Mediator" disaster: so much time wasted,

so many lives destroyed" *Prescrire Int* 2019; **28** (210): 303-305. **7-** Prescrire Rédaction ""Conseils scientifiques" de l'EMA aux firmes: menace pour l'indépendance" *Rev Prescrire* 2015; **35** (384): 780-781.