

PRESCRIRE INTERNATIONAL

Managing Editor: Christophe Kopp *general practitioner*

Coordinating Editor: Christine Badiane

Sub Editor: Karen Albrecht

Translators: David Young, Helen Genevier, Ros Schwartz

Consultants: Judith Mintzes, Andrea Tarr

Subscription department: Christine Barraud

PRESCRIRE

Publishing Director: Bruno Toussaint

Publishing Committee: José Aguilar, Pierre Chirac, Valentine de Belleroche, Jacques Juillard, Hélène Merlin, Philippe Mura, Jérôme Robert, Philippe Schilliger, Jérôme Sclafér

Executive Secretary: Martine Divet

Development: Fabrice Mailly with Véronique Beauzel, Claudine Decayeux, Bernardin Dilou and Mélody Royère; Vanessa Sumyuen; Houria Farhi (Algeria)

Human Resources: Valentine de Belleroche with Huynh Dieu Nguyen

Accounts: Tanguy Goblet with Martine Kowanski

Administration, Reception, Mail Room: Jean-Pierre Bargin, with Séverine Bégnès, Astou Badji, Ibrahim Daffé and Gérard Pierre

Circulation and Subscription department: Christine Barraud with Aleksandra Debon, Cécile Gaï, Corinne Kramer, Patricia Médioni, Cécile Monteil, Stéphanie Traca

Information Technology: Xavier Martin-Legeay, with AD-MP, Bilog, Damien Donnet, Les Artisans numériques, and SamuInformatique

Lobbying: Florence Vandeveld, with Teresa Alves, Pierre Chirac, Olivier Huyghe, Christophe Kopp

Design:

Art Director: Martine Talent

Layout: Nathalie Froment assisted by Sandrine Guillaume, Geneviève Lamagdelaine, Catherine Marriette, Sandrine Praud, Jennifer Ribeiro-Marta and Trias Consulting

Multimedia layout: Catherine Marriette

Editor: Jérôme Sclafér *general practitioner*

Editorial Committee: José Aguilar, Marie Babin, Pierre Chirac, Gilles Mignot

Section Editors:

• **Editorial:** Jacques Juillard MD • **Brain-teaser:** José Aguilar MD • **New products:** Séverine Carré-Pétraud *pharmacist*; Sébastien Hardy *pharmacist*; Gilles Mignot *pharmacologist* • **Adverse effects:** Élisabeth Veyriac *pharmacologist* • **Reviews:** Marie Babin *biologist*; Juliette Barthe *general practitioner*; Marc Legrelle *diabetes specialist*

• **Key messages:** Philippe Mura *general practitioner* and Céline Martin *pharmacist* • **Information to Patients:** Christine Guilbaud *pharmacist* and Philippe Schilliger MD

• **Health and society:** Pierre Chirac *pharmacist*; Bénédicte Connault MD • **Book review:** Pierre Frouard *general practitioner* • **Guideline watch:** Jean-Pierre Noiry *general practitioner* • **Reader's test:** Christian Bouret *general practitioner* • **Take it easy:** Christophe Kopp *general practitioner* • **Forum:** Odile Burrus *nurse* • **Queries and comments:** Cécile Poilpré *pharmacist* • **Prescrire electronic media:** Hélène Merlin *pharmacist*

Information search:

• **Companies and agencies:** Olivier Huyghe assisted by Anne Americ, Nathalie Deleau, Sophie Ginolhac, Cécile Loubeyre-Unique, Samia Nabi, Jean-Yves Rolland • **Literature search:** Marine Barillot, Cécile Loubeyre-Unique, Minata Traoré with Astou Badji, Julie Gouzil, Nathalie Hayes, Hortense Sanon, Cyrielle Viana

Production Editor: Christine Badiane

Editors: Nadine Aidan *dentist*; Laurence Aimard *civil engineer*; Catherine Alexandre MD; Anne Americ *pharmacist*; Anne Aubert *pharmacist*; Jean-François Audouard *general practitioner*; Stéphane Bérout *general practitioner*; Delphine Bourneau-Martin *pharmacist*; Isabelle Breton MD; Jean Bruneton *pharmacognosy specialist*; Alain Burtcher *paediatrician*; Éric Cerqueira *pharmacist*; Sophie Chalons *pharmacist*; Florence Chapelle *pharmacist*; Michel Coletti *general practitioner*; Nina Degrell *pharmacist*; Aurélie Delépine *general practitioner*; Claude Demange *pharmacist*; Catherine Dumont *paediatrician*; Houria Farhi *general practitioner*; Aldo Fari *biologist*; Nathalie François-Moliner *paediatrician*; Hélène Frouard *social history*; Philippe Gabrié MD; Ghyslaine Galhaud-Costes *pharmacist*; Hubert Ghestem *pharmacist*; Sophie Ginolhac *pharmacist*; Marie-France Gonzalvez *pharmacist*; Antoine

President: Philippe Mura *general practitioner*

ASSOCIATION MIEUX PRESCRIRE

"To work, in all independence, in favour of quality healthcare, first and foremost in the interest of patients (...)." (Article 1 of the Association Mieux Prescrire bylaws).

Prescrire International is a monthly journal of selected texts translated from the French journal *Prescrire*.

Prescrire is published monthly by Association Mieux Prescrire, a non-profit continuing education organisation (N° 11 711 075) under the French law of 1901. Its board members are: Philippe Mura (President); Pierre Chirac (Vice President); Antoine Grandvullemin (Treasurer); Jean-François Audouard (General Secretary); Bernard Topuz (Deputy general secretary).

EDITORIAL STAFF Members of the Prescrire Editorial Staff sign a yearly declaration of absence of conflicts of interest, in accordance with Prescrire's "Non merci..." Charter. Members are free from any interest contrary to Association Mieux Prescrire's objectives (the Charter and the Declaration are available online at english.prescrire.org).

Publishing reliable reviews that are easy to use and adapted to readers' needs depends upon complex editorial procedures, all initiated and overseen by the members of Prescrire's Editorial Staff. Members of the Editorial Staff define editorial goals. They oversee the literature search, the writing and rewriting of texts, and the review by a panel of outside experts (medical specialists, methodologists, representatives of Prescrire's subscriber base...). They organise internal and external quality control procedures, and edit the final copy. Every draft is submitted, before publication, to a large number of outside reviewers.

Details on how Prescrire's content is produced are available online at the Prescrire in English website (english.prescrire.org); see the "About Prescrire" section, "How we work".

Grandvullemin *pharmacist*; Dörte Gunthert *geriatrician*; Béatrice Guyard-Boileau *gynaecologist-obstetrician*; Ayah Hakim *pharmacist*; Ghislaine Henry *general practitioner*; Olivier Huyghe *pharmacist*; Fabienne Jourdan *emergency care*; Laurence Le Quang Trieu *pharmacist*; Sophie Logerot *pharmacist*; Cécile Loubeyre-Unique *pharmacist*; Nadjat Loumi *pharmacologist*; Jeanne Maritoux *pharmacist*; Odile Martinet *geriatrician*; Marie-Anne Mengeot *journalist*; Denis Millières-Lacroix *general practitioner*; Laure Misrahi *pharmacist*; Didier Morère *pharmacist*; Évelyne Mouret *pharmacist*; Annie Mura *primary school teacher*; Clotaire Nanga *pharmacist*; Angelina Nguyen-Tramond *general practitioner*; Chantal Olléric *pharmacist*; Ann Pariente MD; Sophie Pilon *pharmacist*; Élisabeth Rivollier *general practitioner*; Didier Rod MD; Jean-Yves Rolland *dentist*; Céline Roussel *pharmacist*; Bernard Rueff MD; Étienne Schmitt *pharmacist*; Bernard Topuz MD; Florence Vandeveld *pharmacist*; Maryse Véron *nurse*; Cyril Vidal *dentist*

Art and Photo Editor: Olivier Huyghe

Illustrations: José David; Léa Lord; Alain Savino

Packaging working group: Olivier Huyghe and Samia Nabi

Indexing: Marie Babin, Mélanie Hardy, Hélène Merlin with Sandrine Parmentier

Projects: Mireille Didier; Samia Nabi; Didier Rod; Marianne Samuelson

Consulting Editors: Philippe Adrien; Karine Bégnaud; Angèle Bouquet; Mélanie Hardy; Eve Parry; François Pillon

Proofreading: Sophie Bel; Jeanne Maritoux; Eve Parry; Annie Pécresse; Bernard Rueff

Reviewers' panels: Laure Misrahi

For Belgium and Switzerland: Cécile Poilpré with Marie-Louise Bouffloux, Dominique Leyh (Agence fédérale des médicaments et des produits de santé), and Chantal Lattmann (pharmaSuisse, Société suisse des pharmaciens)

Translations "Assessment Elsewhere": Marie-Andrée Bernard, Marja Liisa Jérôme, Pierre Klotz, Karin Raton, Eva Stille

Editorial Office: Christelle Sissokho and Hélène Declerck with Huynh Dieu Nguyen

Prescrire electronic media: Hélène Merlin with Sandrine Parmentier

Website: Philippe Schilliger with Karen Albrecht

Subscriber correspondence: Nolwenn Clec'h, Ayah Hakim, Jacques Juillard, Annie Pécresse

Continuing education programmes:

Pedagogical adviser: Philippe Schilliger • **Instructors:** Christian Bouret; Frédérique Digonnet; Marie-France Gonzalvez; Jacques Juillard; Odile Martinet; Hélène Merlin; Étienne Schmitt; Maryse Véron • **Organisation:** Hélène Merlin • **Evaluation:** Michel Coletti; Sandrine Parmentier • **Accreditation:** Ghyslaine Galhaud-Costes • **Promotion:** Pierre Atlan

CORRECTION - N° 131 - p. 240 - Varenicline

The analysis referred to studied adverse effects reported to the US Food and Drugs Administration (FDA), but was not produced or published by the FDA (translation error).



Prescrire is a founder and member of ISDB, a network of independent drug bulletins which aims to promote international exchange of quality information on drugs and therapeutics.
Website: www.isdbweb.org

REVIEW PANEL: The following persons reviewed the articles, which were first published in *Prescrire International*: Emmanuel Andres (internal medicine); Isabelle Aubin (general practice); Marie-Françoise Avril (dermatology); Guillaume Babin (medical student); Pascale Baille-Albert (pharmacy); Sophie Barbour des Courières (hospital pharmacy); Marc Bardou (gastroenterohepatology); Anne-Marie Bouvier (public health); Frédéric Brocard (hospital pharmacy); Marie Carpentier (pharmacy); Delphine Carré-Gislard (dermatology); Jean-Didier Cavallo (infectious disease); Christophe Cazard (general practice); Geneviève Chêne (public health); Pierre Chevalier (general practice - Belgium); Florentin Clère (pain management); Valérie Colas (pharmacy); Sylvie Cognard (general practice); Bruno Coudert (oncology); Béatrice Crickx (dermatology); Christine Damase-Michel (pharmacology); Eric de Beurepaire (community pharmacy); Christophe Debeugny (Ardepass); Frédéric Debordeaux (hospital pharmacy); Philippe Deguiral (oncology); François Delahaye (cardiology); Aurélie Delépine (general practice); Corinne Denis (community pharmacy); Olivier Dereure (dermatology); Serge Douvier (gynaecology); Brigitte Dréno (dermatology); Erwann Du Rouchet (gynaecology-obstetrics); François Durand (hospital pharmacy); Gérard Durand (public health); Jean-Luc Faucheron (gastroenterology); Stéphane Gayet (internal medicine); Jean-Marc Gibert (general practice); Roch Giorgi (public health); Bernard Goichot (internal medicine teaching); Martin Gonzalvez (orthopedic surgery); Hélène Goulard (epidemiology); Gérard Guesdon (palliative care); François Gueyffier (cardiology); Lydia Guittet (public health); Ouardia Hadjour (pharmacy); Jean-Michel Halna (dermatology); Joëlle Karchen (hospital pharmacy); Talna Kortchinsky (anaesthesiology - intensive care); Jean-Pierre Laguens (general practice); Robert Laurent (general practice); Erick Le Coz (community pharmacy); Sylvie Lefebvre-Chapiro (geriatrics); Klervi Leuraud (public health); Jérôme Luroel (general practice); Nicole Mabs (hospital pharmacy); Guillaume Magnin (gynaecology-obstetrics); Sylvain Manfredi (gastro-entero-hepatology); Eric Marchesseau (general practice); Ludovic Martin (dermatology); Raphaël Maville (general practice); Jacques Médioni (oncology); Jean-Baptiste Méric (oncology); Christian Merlin (community pharmacy); Jean-Louis Montastruc (pharmacology); Luc Munro (general practice); Joëlle Nortier (nephrology - Belgium); Christian Parrot (general practice); Laure Peyro Saint-Paul (pharmacovigilance); Thierry Philip (oncology); Marie-Hélène Portal (general practice); François Pouliquen (general practice); Claire Presne (nephrology); Oliver Proisl (general practice); Robert Pujol (community pharmacy); Hervé Renault (general practice); Jean Revuz (dermatology); François Roux (general practice); Philippe Roux (general practice); Olivier Rozand (general practice); Issam Salouage (pharmacovigilance - Tunisia); Hélène Sancho-Garnier (public health); Marie-Laure Sangaré-Goblet (psychiatry); François Serru (community pharmacy); Nhât Thao Tran Thanh (general practice); Corinne Treillard (hospital pharmacy); Christophe Trivalle (geriatrics); Antoine Vial (journalism); Stéphane Vignes (internal medicine); Jérôme Vignier (gastro-entero-hepatology); Anouk Waeytens (tumour pathology - Belgium).

Copyright Prescrire

www.prescrire.org

Registered address: 83, bd Voltaire 75011 Paris France
Tel.: (33)(0)1 49 23 72 80 - Fax : (33)(0)1 48 07 87 32

E-mail: contact@prescrire.org

Postal address: Prescrire - 83, bd Voltaire

75558 PARIS CEDEX 11 - FRANCE

All rights reserved. Contents may not be reproduced, except by individual subscribers for limited distribution, in small quantities, for solely non-commercial purposes.

All other uses: permission must be obtained in writing from the publisher.

Printing: Imprimerie Mouquet - France