

PRESCRIRE INTERNATIONAL

Managing Editor: Christophe Kopp general practitioner

Coordinating Editor: Christine Badiane

Sub Editor: Karen Albrecht

Translators: Helen Geneviev, Ros Schwartz, David Young

Consultants: Judith Mintzes, Andrea Tarr

Subscription department: Christine Barraud

PRESCRIRE

Publishing Director: Bruno Toussaint

Publishing Committee: José Aguilar, Séverine Carré-Pétraud, Pierre Chirac, Valentine de Belleruche, Hélène Merlin, Jérôme Robert, Philippe Schilliger, Jérôme Slafer

Executive Secretary: Martine Divet

Development: Shirley Decupère with Lucie Alexandre, Élise Dezothez, Bernardin Dilou, Sarah Hembert and Vanessa Sumyuen; Houria Farhi (Algeria)

Human Resources: Valentine de Belleruche with Laetitia Luyeye Kinioko and Huynh Dieu Nguyen

Accounts: Tanguy Goblet with Martine Kowanski

Administration, Reception, Mail Room: Astou Badji, Séverine Bégnés, Ibrahima Daffé and "Il est 5 heures"
Circulation and Subscriber Services: Christine Barraud with Aleksandra Debon, Cécile Gai, Corinne Kramer, Patricia Médioni, Cécile Monteil and Stéphanie Traca; technical solutions B&C Technologies

Information Technology: Xavier Martin-Legeay, with Damien Donnet, AL consulting, Apogea, DevPartner, Dokoos, Les Artisans numériques, Octelio, PFL consulting, Samu-Informatique, Ze Team

Design:

Art Director: Martine Talent

Layout: Nathalie Cappelletti with Sandrine Guillaume, Geneviève Lamagdelaine, Sandrine Praud, Jennifer Ribeiro-Marta

Multimedia layout: Sandrine Praud

Editor: Jérôme Slafer general practitioner with Séverine Carré-Pétraud pharmacist

Editorial Committee: José Aguilar, Marie Babin, Pierre Chirac, Philippe Mura

Section Editors:

• **Editorial:** Jacques Juillard MD • **Brain-teaser:** José Aguilar MD • **New products:** Florence Chapelle pharmacist; Antoine Grandvullemin pharmacist; Sébastien Hardy pharmacist; Jean-Yves Rolland dentist

• **Adverse effects:** Elisabeth Veyriac pharmacologist with Céline Roussel pharmacist • **Reviews:** José Aguilar MD; Marie Babin biologist; Juliette Barthe general practitioner; Marc Legrelle diabetes specialist; Philippe Mura MD; Céline Martin pharmacist • **Information to patients:** Christine Guilbaud pharmacist • **Health and society:** Clarisse Briand public health; Pierre Chirac pharmacist; Bénédicte Connault MD • **Book review:** Pierre Frouard general practitioner

• **Guideline watch:** Marine Barillot pharmacist • **Reader's test:** Christian Bouret general practitioner • **Take it easy:** Christophe Kopp general practitioner

• **Forum:** Odile Burrus nurse • **Queries and comments:** Cécile Poilpré pharmacist • **Prescrire electronic media:** Hélène Merlin pharmacist

Production Editor: Christine Badiane with Sophie Bel and Fabrice Mailly

Information search:

• **Companies and agencies:** Olivier Huyghe with Karine Bégnaud, Nathalie Deleau, Sophie Ginolhac, Ayah Hakim, Cécile Loubeyre-Unique, Samia Nabi • **Packaging working group:** Olivier Huyghe and Samia Nabi • **Literature search:** Marine Barillot, Cécile Loubeyre-Unique, Minata Traoré with Astou Badji, Nathalie Hayes and Hortense Sanon

Editorial Office: Christelle Sissokho with Hélène Declercq

Editors: Nadine Aidan dentist; Laurence Aimard civil engineer; Anne Americh pharmacist; Anne Aubert pharmacist; Éric Bel pharmacist; Delphine Bourneau-Martin pharmacist; Isabelle Breton MD; Éric Cerqueira pharmacist; Sophie Chalons pharmacist; Nolwenn Clec'h communication; Michel Coletti general practitioner; Nina Degrell pharmacist; Nathalie Deleau pharmacist; Aurélie Delépine general practitioner; Claude Demange pharmacist; Magali Dodeman nurse; Jean Doubovetzky general practitioner; Houria Farhi general practitioner; Aldo Fari biologist; Nathalie François-Moliner paediatrician; Philippe Gabrié MD; Ghyslaine Galhaud-Costes pharmacist; Sophie Ginolhac pharmacist; Marie-France Gonzalez pharmacist; Jean-Pierre Gribeauval (medical law); Dörte Gunthert geriatrician; Béatrice Guyard-Boileau gynaecologist-

President: Pierre Chirac pharmacist

ASSOCIATION MIEUX PRESCRIRE

"To work, in all independence, in favour of quality healthcare, first and foremost in the interest of patients (...)." (Article 1 of the Association Mieux Prescrire bylaws).

Prescrire International is a monthly journal of selected texts translated from the French journal Prescrire.

Prescrire International is published 11 times a year by Association Mieux Prescrire, a non-profit continuing education organisation (N° 11 711 075) under the French law of 1901. Its board members are: Pierre Chirac (President); Séverine Carré-Pétraud (Vice President); Dörte Gunthert (Treasurer); Antoine Grandvullemin (Deputy Treasurer); Bernard Topuz (General Secretary); Maryline Dufils-Gelgon (Deputy General Secretary).

EDITORIAL STAFF Members of the Prescrire Editorial Staff sign a yearly declaration of absence of conflicts of interest, in accordance with Prescrire's "Non merci..." Charter. Members are free from any interest contrary to Association Mieux Prescrire's objectives (the Charter and the Declaration are available online at english.prescrire.org).

Publishing reliable reviews that are easy to use and adapted to readers' needs depends upon complex editorial procedures, all initiated and overseen by the members of Prescrire's Editorial Staff. Members of the Editorial Staff define editorial goals. They oversee the literature search, the writing and rewriting of texts, and the review by a panel of outside experts (medical specialists, methodologists, representatives of Prescrire's subscriber base...). They organise internal and external quality control procedures, and edit the final copy. Every draft is submitted, before publication, to a large number of outside reviewers. Details on how Prescrire's content is produced are available online at the Prescrire in English website (english.prescrire.org): see About Prescrire and How we work.

obstetrician; Ayah Hakim pharmacist; Ghislaine Henry general practitioner; Olivier Huyghe pharmacist; Aurélie Jamet pharmacist; Fabienne Jourdan emergency care; Philippe Lecoq (internal medicine); Laurence Le Quang Trieu pharmacist; Sophie Logerot pharmacist; Cécile Loubeyre-Unique pharmacist; Nadjat Loumi pharmacologist; Odile Martinet geriatrician; Marie-Anne Mengeot journalist; Gilles Mignot pharmacologist; Denis Millès-Lacroix general practitioner; Laure Misrahi-Guillaume pharmacist; Agnès Monchovet-Godard general practitioner; Didier Morère pharmacist; Évelyne Mouret pharmacist; Clotaire Nanga pharmacist; Angelina Nguyen-Tramond general practitioner; Jean-Pierre Noiry general practitioner; Chantal Oliéric pharmacist; Ann Pariente MD; Sophie Pilon pharmacist; Sonia Prot-Labarthe pharmacist; Michaël Rochoy (general practitioner); Anne-Claire Rosati public health; Bernard Rueff MD; Étienne Schmitt pharmacist; Agnès Sommet pharmacologist; Christoph Steffen epidemiology; Bernard Topuz MD; Florence Vandeveld pharmacist; Maryse Véron nurse; Cyril Vidal dentist; Caroline Vincent pharmacist

Consulting Editors: Philippe Adrien; Karine Bégnaud; Angèle Bouquet; Alain Burtscher; Mélanie Hardy; Fabrice Mailly; Jeanne Maritoux; Eve Parry; Annie Péresse; Olivier Rozand

Art and Photo Editor: Olivier Huyghe

Illustrations: José David; Léa Lord; Alain Savino

Indexing: Mélanie Hardy, Hélène Merlin with Laurence Le Quang Trieu, Sandrine Parmentier, Annie Mura (illustrations)

Prescrire electronic media: Hélène Merlin

Policy advocacy: Florence Vandeveld with Teresa Alves, Pierre Chirac, Olivier Huyghe, Christophe Kopp
Projects: Catherine Alexandre; Karelle Le Gleut; Christine Piette; Didier Rod

Reviewers' panels: Laure Misrahi-Guillaume

For Belgium and Switzerland: Sophie Chalons with Marie-Louise Bouffiuou, Dominique Leyh (Agence fédérale des médicaments et des produits de santé), and Catherine Delafontaine (pharmaSuisse)

Translations "Assessment Elsewhere": Marie-Andrée Bernard, Annick Pijnenburg, Karin Raton, Eva Stille

Website: Philippe Schilliger and Karen Albrecht

Subscriber correspondence: Anne Americh, Nolwenn Clec'h, Annie Péresse, Cécile Poilpré, Jérôme Robert

Continuing education programmes:

Pedagogical adviser: Philippe Schilliger • **Instructors:** Anne Aubert; Christian Bouret; Frédérique Digonnet; Maryse Véron • **Organisation:** Hélène Merlin • **Atelier Médicaments en Question:** Nadine Aidan • **Atelier Questions de Pratiques:** Éric Bel, Christine Guilbaud • **Evaluation:** Sandrine Parmentier • **Accreditation:** Ghyslaine Galhaud-Costes

Preventing the Preventable Programme: Marie-France Gonzalez and Étienne Schmitt with Éric Bel, Thomas Declercq, Éric Galam, Josette Vallée.

REVIEW PANEL: The following persons reviewed the articles, which were first published in Prescrire then translated for this issue of Prescrire International:

Laurence Baumann-Coblentz (general practice); Béatrice Benabes (allergology); Claire Beunier (general practice); Jean-Michel Boiron (haematology); Béatrice Brembilla-Perrot (cardiology); Guillaume Cartron (haematology); Guillaume Chabridon (psychiatry); Christel Chalmendrier (hospital pharmacy); Sylvain Choquet (haematology); Philippe Colombat (haematology); Alexandra Daguet (pharmacy intern); Christine Damase-Michel (pharmacology); Jean-Philippe Delsart (pharmacy); Catherine Dumont (paediatrics); Didier Eyer (paediatrics); Jean-Eudes Fontan (hospital pharmacy); Christine Gintz (psychiatry); Frédéric Gottrand (paediatrics); Julien-Daniel Guelfi (psychiatry); Oussama Kebir (psychiatry); Claude Kouakam (cardiology); Robert Laurent (general practice); Christian Layole (pharmacy); Marie-France Le Goaziou (general practice); Yann Lefeuvre (general practice - United Kingdom); Jacques Lepercq (gynaecology - obstetrics); Paul Lhuissier (general practice); Raphaël Maville (general practice); Christian Merlin (pharmacy); Denise Moneret-Vautrin (allergology - internal medicine); Jean-Louis Montastruc (pharmacology); Marion Montastruc (haematology - oncology); Annick Moulisma (hospital pharmacy); Camille Mura (midwife); Reman Oumedaly (haematology); Claire-Marie Perrodin (psychiatry); Éric Peyron (psychiatry); Anne Pilewicz (midwife); Olivier Proisl (general practice); Robert Pujol (pharmacy); Christian Rigaudières (pharmacy); Philippe Rodon (internal medicine); Frédéric Romieu (general practice); François-Xavier Rose (hospital pharmacy); Jean-Marc Schiano De Colella (general practice); Florian Simon (pharmacy); Marc Van De Casteele (internal medicine - Belgium); Bruno Varet (haematology); Eric Voog (oncology); Raphaël Wielgo (hospital pharmacy); Nassima Yahiaoui (pharmacovigilance)



Prescrire is a founder and member of ISDB, a network of drug bulletins that are independent of drug companies, which aims to promote international exchange of quality information on drugs and therapeutics.
Website: www.isdbweb.org

Copyright Prescrire

www.prescrire.org

Registered address: 83, bd Voltaire 75011 Paris France
Tel.: (33)(0)1 49 23 72 80 - Fax : (33)(0)1 48 07 87 32

E-mail: contact@prescrire.org

Postal address: Prescrire - 83, bd Voltaire
75558 Paris Cedex 11 - France

All rights reserved. Contents may not be reproduced, except by individual subscribers for limited distribution, in small quantities, for solely non-commercial purposes.

All other uses: permission must be obtained in writing from the publisher.

Printing: Imprimerie BMG - France