

PRESCRIRE INTERNATIONAL

Managing Editor: Christophe Kopp general practitioner

Coordinating Editor: Christine Badiane

Sub Editor: Karen Albrecht

Translators: Helen Geneviev, Ros Schwartz, David Young

Consultants: Judith Mintzes, Andrea Tarr

Subscription department: Christine Barraud

PRESCRIRE

Publishing Director: Bruno Toussaint

Publishing Committee: José Aguilar, Séverine Carré-Pétraud, Pierre Chirac, Valentine de Belleruche, Jacques Juillard, Hélène Merlin, Jérôme Robert, Philippe Schilliger, Jérôme Sclafer

Executive Secretary: Martine Divet

Development: Shirley Decupère with Lucie Alexandre, Véronique Beauzel, Élise Dezothez, Bernardin Dilou, Sarah Hembert and Vanessa Sumyuen; Houria Farhi (Algeria)

Human Resources: Valentine de Belleruche with Laetitia Luyeye Kinioko and Huynh Dieu Nguyen

Accounts: Tanguy Goblet with Martine Kowanski

Administration, Reception, Mail Room: Astou Badji, Séverine Bégnes, Ibrahim Daffé and Gérald Pierre

Circulation and Subscriber Services: Christine Barraud with Aleksandra Debon, Cécile Gai, Corinne Kramer, Patricia Médioni, Cécile Montel and Stéphanie Traca; technical solutions B&C Technologies

Information Technology: Xavier Martin-Legeay, with Damien Donnet, AL consulting, Apogea, DevPartner, Dokoos, Les Artisans numériques, Octelio, PFL consulting, Samu-Informatique, Ze Team

Design:

Art Director: Martine Talent

Layout: Nathalie Cappelletti with Sandrine Guillaume, Geneviève Lamagdelaine, Catherine Marriette, Sandrine Praud, Jennifer Ribeiro-Marta

Multimedia layout: Catherine Marriette, Sandrine Praud

Editor: Jérôme Sclafer general practitioner with Séverine Carré-Pétraud pharmacist

Editorial Committee: José Aguilar, Marie Babin, Pierre Chirac, Gilles Mignot

Section Editors:

• **Editorial:** Jacques Juillard MD • **Brain-teaser:** José Aguilar MD • **New products:** Florence Chapelle pharmacist; Antoine Grandvullemin pharmacist;

Sébastien Hardy pharmacist; Jean-Yves Rolland dentist

• **Adverse effects:** Elisabeth Veyria pharmacist with Céline Roussel pharmacist • **Reviews:** José Aguilar MD; Marie Babin biologist; Juliette Barthe general practitioner; Marc Legrelle diabetes specialist; Philippe Mura general practitioner; Céline Martin pharmacist

• **Information to patients:** Christine Guilbaud pharmacist • **Health and society:** Clarisse Briand public health; Pierre Chirac pharmacist; Bénédicte Connault MD

• **Book review:** Pierre Frouard general practitioner

• **Guideline watch:** Jean-Pierre Noiry general practitioner with Marine Barillot pharmacist • **Reader's test:** Christian Bouret general practitioner • **Take it easy:** Christophe Kopp general practitioner • **Forum:** Odile Burrus nurse • **Queries and comments:** Cécile Poilpré pharmacist • **Prescrire electronic media:** Hélène Merlin pharmacist

Production Editor: Christine Badiane with Sophie Bel and Fabrice Mailly

Information search:

• **Companies and agencies:** Olivier Huyghe with Karine Bégnaud, Nathalie Deleau, Sophie Ginolhac, Ayah Hakim, Cécile Loubeyre-Unique, Samia Nabi

• **Packaging working group:** Olivier Huyghe and Samia Nabi • **Literature search:** Marine Barillot, Cécile Loubeyre-Unique, Minata Traoré with Astou Badji, Nathalie Hayes and Hortense Sanon

Editorial Office: Christelle Sissokho with Hélène Declerck

Editors: Nadine Aidan dentist; Laurence Aimard civil engineer; Anne Americh pharmacist; Anne Aubert pharmacist; Éric Bel pharmacist; Delphine Bourneau-Martin pharmacist; Isabelle Breton MD; Éric Courqueira pharmacist; Sophie Chalons pharmacist; Nolwenn Clec'h communication; Michel Coletti general practitioner; Nina Degrell pharmacist; Nathalie Deleau pharmacist; Aurélie Delépine general practitioner; Claude Demange pharmacist; Magali Dodeman nurse; Jean Doubovetzky general practitioner; Houria Farhi general practitioner; Aldo Fari biologist; Nathalie François-Moliner paediatrician; Philippe Gabrié MD; Ghyslaine Galhaud-Costes pharmacist; Sophie

President: Pierre Chirac pharmacist

ASSOCIATION MIEUX PRESCRIRE

"To work, in all independence, in favour of quality healthcare, first and foremost in the interest of patients (...)" (Article 1 of the Association Mieux Prescrire bylaws).

Prescrire International is a monthly journal of selected texts translated from the French journal Prescrire.

Prescrire is published 11 times a year by Association Mieux Prescrire, a non-profit continuing education organisation (N° 11 711 075) under the French law of 1901. Its board members are: Pierre Chirac (President); Séverine Carré-Pétraud (Vice President); Antoine Grandvullemin (Treasurer); Bernard Topuz (General Secretary); Dörte Gunthert (Deputy General Secretary).

EDITORIAL STAFF Members of the Prescrire Editorial Staff sign a yearly declaration of absence of conflicts of interest, in accordance with Prescrire's "Non merci..." Charter. Members are free from any interest contrary to Association Mieux Prescrire's objectives (the Charter and the Declaration are available online at english.prescrire.org).

Publishing reliable reviews that are easy to use and adapted to readers' needs depends upon complex editorial procedures, all initiated and overseen by the members of Prescrire's Editorial Staff. Members of the Editorial Staff define editorial goals. They oversee the literature search, the writing and rewriting of texts, and the review by a panel of outside experts (medical specialists, methodologists, representatives of Prescrire's subscriber base...). They organise internal and external quality control procedures, and edit the final copy. Every draft is submitted, before publication, to a large number of outside reviewers. Details on how Prescrire's content is produced are available online at the Prescrire in English website (english.prescrire.org); see the «About Prescrire» section, «How we work».

Ginolhac pharmacist; Marie-France Gonzalvez pharmacist; Jean-Pierre Gribeauval (medical law); Dörte Gunthert geriatrician; Béatrice Guyard-Boileau gynaecologist-obstetrician; Ayah Hakim pharmacist; Ghislaine Henry general practitioner; Olivier Huyghe pharmacist; Aurélie Jamet pharmacist; Fabienne Jourdan emergency care; Philippe Lecoq (internal medicine); Laurence Le Quang Trieu pharmacist; Sophie Leroger pharmacist; Cécile Loubeyre-Unique pharmacist; Nadjat Loumi pharmacologist; Odile Martinet geriatrician; Marie-Anne Mengeot journalist; Gilles Mignot pharmacologist; Denis Millières-Lacroix general practitioner; Laure Misrahi-Guillaume pharmacist; Agnès Monchovet-Godard general practitioner; Didier Morère pharmacist; Évelyne Mouret pharmacist; Clotaire Nanga pharmacist; Angelina Nguyen-Tramond general practitioner; Chantal Oliéric pharmacist; Ann Pariente MD; Sophie Pilon pharmacist; Sonia Prot-Labarthe pharmacist; Michaël Rochoy (general practitioner); Bernard Rueff MD; Étienne Schmitt pharmacist; Agnès Sommet pharmacologist; Christoph Steffen epidemiology; Bernard Topuz MD; Florence Vandavelde pharmacist; Maryse Véron nurse; Cyril Vidal dentist; Caroline Vincent pharmacist

Consulting Editors: Philippe Adrien; Karine Bégnaud; Angèle Bouquet; Alain Burtscher; Mélanie Hardy; Jeanne Maritoux; Eve Parry; Annie Péresse; Olivier Rozand

Art and Photo Editor: Olivier Huyghe

Illustrations: José David; Léa Lord; Alain Savino

Indexing: Mélanie Hardy, Hélène Merlin with Laurence Le Quang Trieu, Sandrine Parmentier, Annie Mura (illustrations)

Prescrire electronic media: Hélène Merlin

Policy advocacy: Florence Vandavelde with Teresa Alves, Pierre Chirac, Olivier Huyghe, Christophe Kopp

Projects: Catherine Alexandre; Mireille Didier; Karella Le Glout; Christine Piette; Didier Rod

Reviewers' panels: Laure Misrahi-Guillaume

For Belgium and Switzerland: Sophie Chalons with Marie-Louise Bouffloux, Dominique Leyh (Agence fédérale des médicaments et des produits de santé), and Catherine Delafontaine (pharmaSuisse)

Translations "Assessment Elsewhere": Marie-Andrée Bernard, Annick Pijnenburg, Karin Raton, Eva Stille

Website: Philippe Schilliger and Karen Albrecht

Subscriber correspondence: Anne Americh, Nolwenn Clec'h, Jacques Juillard, Annie Péresse

Continuing education programmes:

Pedagogical adviser: Philippe Schilliger • **Instructors:** Anne Aubert; Christian Bouret; Frédérique Digonnet; Maryse Véron • **Organisation:** Hélène Merlin • **Atelier Médicaments en Question:** Nadine Aidan • **Atelier**

Questions de Pratiques: Éric Bel, Christine Guilbaud

• **Evaluation:** Sandrine Parmentier

• **Accreditation:** Ghyslaine Galhaud-Costes

REVIEW PANEL: The following persons reviewed the articles, which were first published in Prescrire then translated for this issue of Prescrire International: Serge Alfandari (infectiology); Jean-François Audouard (general practice); Johana Bénédicte (pharmacovigilance); Yvan Berlin (tobacco addiction); Laurent Bertolletti (pneumology); Jacques Birgé (general practice); Marc Bosment (general practice); Alain Brailion (public health); François Bricaire (infectiology); Simone Casel (pneumology/allergology - Luxembourg); Jean-Didier Cavallo (infectiology); Bruno Cazin (haematology); Pierre Chevalier (general practice - Belgium); Marc Chobert (general practice); Sylvain Choquet (haematology); Valérie Colas (pharmacy and toxicology); Philippe Colombat (haematology); Françoise Coret (psychiatry); Philippe Cornet (general practice); Bertrand Dautzenberg (pneumology); Blandine De La Gastine (pharmacovigilance); Jean-Marie Decazes (infectiology); Patrick Dupont (tobacco addiction); Luc Dussart (tobacco addiction); Jean-Luc Faillie (pharmacovigilance); Thierry Farge (general practice); Guillaume Fond (psychiatry); Irène Frachon (pneumology); Michel Galinier (cardiology); Jean-Luc Gallais (general practice); Emmanuel Gyan (haematology); Catherine Hill (epidemiology); Constant Houssou (psychiatry); Jérôme Jean (nursing care); Diane Kleinermans (general practice - Belgium); Josselin Le Bel (general practice); Marie-France Le Goaziou (general practice); Antoine Lévy (pneumology); Florent Mace (pharmacy); Yves Martinet (pneumology); Raphaël Maville (general practice); Bruno Megarbane (intensive care); Christian Merlin (pharmacy); Robert Molimard (tobacco addiction); François Montastruc (pharmacovigilance); Jean-Louis Montastruc (pharmacology); Pascal Mugnier (pharmacy); Frédéric Pasquier (hospital pharmacy); Patrick Petitpretz (pneumology); Frédéric Peyrade (oncology); Éric Peyron (psychiatry); Claire Presne (nephrology); Robert Pujol (pharmacy); Jean-Max Ramette (general practice); Éric Renaudineau (pharmacology); Hervé Renault (general practice); Bruno Revol (hospital pharmacy); Mounir Rhalimi (hospital pharmacy); Philippe Rodon (internal medicine); Daniel Schlaifer (haematology); Dominique Somme (geriatrics); Nicole Stenger (tobacco addiction); Pierre Tattavin (semiology); Philippe Tellier (cardiology); Damien Thibaudin (nephrology); Laurent Thiriet (hospital pharmacy); Xavier Thomas (haematology); Marie-Madeleine Trassart (general practice); Christophe Trivalle (geriatrics); Raphaël Wielgo (hospital pharmacy); Loïc Ysebaert (haemobiology)

Copyright Prescrire

www.prescrire.org

Registered address: 83, bd Voltaire 75011 Paris France
Tel.: (33)(0)1 49 23 72 80 - Fax : (33)(0)1 48 07 87 32

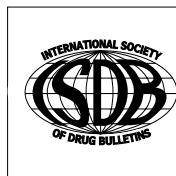
E-mail: contact@prescrire.org

Postal address: Prescrire - 83, bd Voltaire
75558 Paris Cedex 11 - France

All rights reserved. Contents may not be reproduced, except by individual subscribers for limited distribution, in small quantities, for solely non-commercial purposes.

All other uses: permission must be obtained in writing from the publisher.

Printing: Imprimerie BMG - France



Prescrire is a founder and member of ISDB, a network of drug bulletins that are independent of drug companies, which aims to promote international exchange of quality information on drugs and therapeutics.

Website: www.isdbweb.org