

President: Philippe Mura *general practitioner*

ASSOCIATION MIEUX PRESCRIRE

"To work, in all independence, in favour of quality healthcare, first and foremost in the interest of patients (...)" (Article 1 of the Association Mieux Prescrire bylaws).

Prescrire International is a monthly journal of selected texts translated from the French journal *Prescrire*.

Prescrire is published monthly by Association Mieux Prescrire, a non-profit continuing education organisation (N° 11 711 075) under the French law of 1901. Its board members are: Philippe Mura (President); Pierre Chirac (Vice President); Antoine Grandvullemin (Treasurer); Jean-François Audouard (General Secretary).

Publishing Director: Bruno Toussaint

Advisor: Jérôme Robert

Executive Assistant: Florence Vandeveld

Executive Secretary: Martine Divet

Development: Fabrice Mailly assisted by Bernardin Dilou, Aurélie Mauries and Mélody Royère; Houria Farhi (Algeria)

Human Resources: Valentine de Belleroche assisted by Huynh Dieu Nguyen

Accounts: Tanguy Goblet assisted by Martine Kowanski
Administration, Reception, Mail Room: Jean-Pierre Bargin, with Séverine Bégnès, Astou Badji, Ibrahima Daffé and Gérard Pierre

Circulation: Christine Barraud

Subscription department: Corinne Kramer assisted by Stéphanie Traca and Aleksandra Debon - **Continuing education logistics:** Aleksandra Debon; Huynh Dieu Nguyen; Cécile Gai; Patricia Médioni

Subscriber correspondence: Ayah Hakim, Jacques Juillard, Annie Péresse, Nolwenn Clec'h, Cécile Poilpré, assisted by Hélène Declerck and Christelle Sissokho

Information Technology: Xavier Martin-Legeay, with AD-MP, Bilog, Damien Donnet, Les Artisans numériques, and Samulnformatique

Copyright Prescrire

Registered address: 83, bd Voltaire 75011 Paris France
Tel.: (33)(0)1 49 23 72 80 - Fax : (33)(0)1 48 07 87 32

E-mail: contact@prescrire.org

Postal address: Prescrire - 83, bd Voltaire
75558 PARIS CEDEX 11 - FRANCE

All rights reserved. Contents may not be reproduced, except by individual subscribers for limited distribution, in small quantities, for solely non-commercial purposes.

All other uses: permission must be obtained in writing from the publisher.

DESIGN

Art Director: Martine Talent

Layout: Nathalie Froment assisted by Véronique Beauzel, Sandrine Guillaume, Geneviève Lamagdelaine, Catherine Marriette, Sandrine Praud, Jennifer Ribeiro-Marta and Trias Consulting

Multimedia layout: Catherine Marriette

Printing: Imprimerie Mouquet - France



Prescrire is a founder and member of ISDB, a network of independent drug bulletins which aims to promote international exchange of quality information on drugs and therapeutics.
Website: www.isdbweb.org

EDITORIAL STAFF

Members of the Prescrire Editorial Staff sign a yearly declaration of absence of conflicts of interest, in accordance with Prescrire's "Non merci..." Charter. Members are free from any interest contrary to Association Mieux Prescrire's objectives (the Charter and the Declaration are available online at www.prescrire.org).

Publishing reliable reviews that are easy to use and adapted to readers' needs depends upon complex editorial procedures, all initiated and overseen by the members of Prescrire's Editorial Staff. They define editorial goals. They oversee documentary

research, the writing and rewriting of texts, and review by a panel of outside experts (medical specialists, methodologists, representatives of Prescrire's subscriber base...). They organise internal and external quality control procedures, and edit the final copy. Every draft is submitted, before publication, to a large number of outside reviewers.

Details on how Prescrire's content is produced are available online at the Prescrire in English website (www.english-prescrire.org); see the "About Prescrire" section, "How we work".

PRESCRIRE INTERNATIONAL

Managing Editor: Christophe Kopp *general practitioner*

Coordinating Editor: Christine Badiane

Sub Editor: Karen Albrecht

Translators: David Young, Helen Geneviev, Ros Schwartz

Consultants: Judith Mintzes, Andrea Tarr

Subscription department: Corinne Kramer

PRESCRIRE

Editorial Director: Bruno Toussaint MD with José Aguilar MD, Philippe Mura *general practitioner*, Philippe Schilliger MD

Section Editors:

• **Brain-teaser:** José Aguilar MD • **New products:** Séverine Carré-Pétraud *pharmacist*; Sébastien Hardy *pharmacist*; Gilles Mignot *pharmacologist* • **Adverse effects:** Élisabeth Veyriac *pharmacologist* • **Reviews:** Marc Legrelle *diabetologist*; Jean-Pierre Noiry *general practitioner*; Jérôme Sclafér *general practitioner* • **Key messages:** Philippe Mura *general practitioner* and Céline Martin *pharmacist* • **Information to Patients:** Jean Doubovetzky *general practitioner* • **Health and society:** Pierre Chirac *pharmacist*; Bénédicte Connault MD • **Book review:** Pierre Frouard *general practitioner*; Jacques Juillard MD • **Guideline watch:** Jean-Pierre Noiry *general practitioner* • **Reader's test:** Christian Bouret *general practitioner* • **Take it easy:** Christophe Kopp *general practitioner* • **Deciphering medical articles:** Marc Legrelle *diabetes specialist* • **Forum:** Odile Burrus *nurse* • **Letters:** Cécile Poilpré *pharmacist* • **Prescrire electronic media :** Hélène Merlin *pharmacist*

Information search:

• **Companies and agencies:** Olivier Huyghe assisted by Anne Americh, Sophie Ginolhac, Cécile Loubeyre-Unique, Samia Nabi, Jean-Yves Rolland; assisted by Julie Gouzil • **Literature search:** Marine Barillot, Cécile Loubeyre-Unique, Minata Traoré; assisted by Julie Gouzil, Nathalie Hayes, Hortense Sanon

Production Editor: Christine Badiane

Editors: Laurence Aimard *civil engineer*; Catherine Alexandre MD; Anne Americh *pharmacist*; Anne Aubert *pharmacist*; Marie Babin *biologist*; Juliette Barthe *general practitioner*; Isabelle Breton MD; Clarisse Briand *health economist*; Alain Burtscher *paediatrician*; Jean Bruneton *pharmacognosy specialist*; Éric Cerqueira *pharmacist*; Florence Chapelle *pharmacist*; Nina Degrell *pharmacist*; Claude Demange *pharmacist*; Catherine Dumont *paediatrician*; Houria Farhi *general practitioner*; Aldo Fari *biologist*; Nathalie François-Moliner *paediatrics*; Pierre Frouard *general practitioner*; Ghyslaine Galhaud *pharmacist*; Hubert Ghestem *pharmacist*; Sophie Ginolhac *pharmacist*; Marie-France Gonzalez *pharmacist*; Antoine Grandvullemin *pharmacist*; Béatrice

Guyard-Boileau *gynaecologist-obstetrician*; Dörte Gunther *geriatrician*; Ayah Hakim *pharmacist*; Olivier Huyghe *pharmacist*; Fabienne Jourdan *emergency care*; Laurence Le Quang Trieu *pharmacist*; Sophie Logerot *pharmacist*; Cécile Loubeyre-Unique *pharmacist*; Nadjat Loumi *pharmacologist*; Jeanne Maritoux *pharmacist*; Céline Martin *pharmacist*; Odile Martinet *geriatrician*; Marie-Anne Mingeot *journalist*; Denis Millières-Lacroix *general practitioner*; Laure Misrahi *pharmacist*; Évelyne Mouret *pharmacist*; Annie Mura *primary school teacher*; Clotaire Nanga *pharmacist*; Angelina Nguyen-Traumont *general practitioner*; Chantal Oliéric *pharmacist*; Ann Pariente MD; Sophie Pilon *pharmacist*; Élisabeth Rivollier *general practitioner*; Didier Rod MD; Céline Roussel *pharmacist*; Bernard Rueff MD; Étienne Schmitt *pharmacist*; Bernard Topuz MD; Florence Vandeveld *pharmacist*; Maryse Véron *nurse*; Cyril Vidal *dentist*

Art and Photo Editor: Olivier Huyghe

Illustrations: José David; Léa Lord; Alain Savino

Packaging working group: Olivier Huyghe and Samia Nabi

Indexing: Marie Babin; Hélène Merlin with Mélanie Hardy and Sandrine Parmentier

Projects: Mireille Didier; Samia Nabi; Didier Rod; Marianne Samuelson

Consulting Editors: Philippe Adrien; Karine Bégnaud; Ghyslaine Galhaud-Costes; Mélanie Hardy; Ghislaine Henry; Eve Parry; François Pillon; Joëlle Schachmann

Proofreading: Jeanne Maritoux; Denis Millières-Lacroix; Didier Morère; Evelyne Mouret; Eve Parry; Bernard Rueff

Reviewers' panels: Laure Misrahi

For Belgium and Switzerland: Cécile Poilpré with Marie-Louise Bouffoufoux, Dominique Leyh (Agence fédérale des médicaments et des produits de santé - département Bon usage des médicaments), and Doris Ballinari, Martine Ruggli (pharmaSuisse, Société suisse des pharmaciens)

Translations "Assessment Elsewhere": Marie-Andrée Bernard, Marja Liisa Jérôme, Pierre Klotz, Karin Raton, Eva Stille

Editorial Office: Christelle Sissokho and Hélène Declerck

Prescrire electronic media: Hélène Merlin with Sandrine Parmentier

Website: Philippe Schilliger with Karen Albrecht

CONTINUING EDUCATION PROGRAMMES

Pedagogical adviser: Philippe Schilliger • **Instructors:** Christian Bouret; Frédérique Dignonet; Marie-France Gonzalez; Jacques Juillard; Odile Martinet; Hélène Merlin; Étienne Schmitt; Maryse Véron • **Quality control:** Hélène Merlin • **Evaluation:** Michel Coletti; Florence Vandeveld • **Promotion:** Pierre Atlan

REVIEW PANEL: The following persons reviewed the articles, which were first published in *Prescrire* then translated for this issue of *Prescrire International*: Frédéric Allard (diabetology); Florent Aptel (ophthalmology); Serge Armengaud (general practice); Françoise Augry (hospital pharmacy); Guillaume Babin (medical student); Pascale Baille-Albert (pharmacy); Christian Benoit (community pharmacy); Jean-Pierre Bertinchant (cardiology); Michel Boiret (general practice); Alain Bottero (psychiatry); Sophie Chalons (hospital pharmacy); Bruno Charpiat (hospital pharmacy); Emmanuel Chartier-Kastler (urology); Pierre Chevalier (INAMI - Belgium); Isabelle Cochereau-Massin (ophthalmology); Bruno Coudert (oncology); Roland Dardennes (psychiatry); Suzanne Dat (gynaecology); Bruno Daubin (general practice); François Delahaye (cardiology); Aurélie Delépine (general practice); Claude Demange (hospital pharmacy); Jean-Dominique Doublet (urology); Dominique Dupagne (general practice); Lionel Échinard (community pharmacy); Jean-Christophe Édé (general practice); Laurence Fossat (hospital pharmacy); Patrick Friocourt (internal medicine); Michel Galinier (cardiology); Stéphane Gayet (internal medicine); Jean-Marc Geniole (general practice); Christine Gintz (psychiatry); Roch Giorgi (public health); Jean-

Louis Goriaux (general practice); Jean-Claude Grange (general practice); Jean-Daniel Grange (ophthalmology); Yan Guex-Crosier (ophthalmology); Pierre-Jean Guillausseau (diabetology); Diane Kleinermans (general practice); Jean-François Korobelnik (ophthalmology); Pascale Lainé (pharmacology); Etienne Larger (diabetology); Jean-Marc Legeais (ophthalmology); Daniel Levy-Brühl (epidemiology); Hervé Maisonneuve (general practice); Christian Merlin (pharmacy); Jean-Louis Montastruc (pharmacology); Alain Noël (ophthalmology); Etienne Pace (general practice); Claire Papin-Puren (pharmacy); Michel Paques (ophthalmology); Jean-Patrick Penot (cardiology); Alain Pinzani (cardiology); Marie-Hélène Portal (general practice); Eric Priou (pharmacy); Robert Pujol (community pharmacy); Michel Rebstock (general practice); Mounir Rhalimi (hospital pharmacy); Arnaud Ribier (cardiology); Christian Rigaudières (community pharmacy); Françoise Rivals-Jonquet (general practice); Pascale Romestaing (oncology); Jean-Pierre Sarramon (urology); Guy Savy (general practice); Alain Spriet (pharmacology); Stéphane Tellez (community pharmacy); Dominique Tingaud (pharmacy); Olivier Tredan (oncology); Corinne Treillard (hospital pharmacy)