



PRESCRIRE INTERNATIONAL

Managing Editor: Christophe Kopp general practitioner
Coordinating Editor: Christine Badiane
Sub Editor: Karen Albrecht
Translators: Helen Geneviev, Ros Schwartz, David Young
Consultants: Judith Mintzes, Andrea Tarr
Subscription department: Christine Barraud

PRESCRIRE

Publishing Director: Bruno Toussaint
Publishing Committee: José Aguilar, Séverine Carré-Pétraud, Pierre Chirac, Valentine de Belleroye, Hélène Merlin, Jérôme Robert, Philippe Schilliger, Jérôme Sclafer
Executive Secretary: Martine Divet, Jade Pépin
Development: Shirley Decupère with Lucie Alexandre, Élise Dezothez, Bernardin Dilou, Sarah Hembert and Vanessa Sumyuen; Houria Farhi (Algeria)
Human Resources: Valentine de Belleroye with Laetitia Luyeye Kinioko and Huynh Dieu Nguyen
Accounts: Tanguy Goblet with Martine Kowanski
Administration, Reception, Mail Room: Astou Badji, Séverine Bégnés, Ibrahima Daffé and "Il est 5 heures"
Circulation and Subscriber Services: Christine Barraud with Aleksandra Debon, Cécile Gai, Corinne Kramer, Patricia Médioni, Cécile Monteil and Stéphanie Traca; technical solutions B&C Technologies
Information Technology: Xavier Martin-Legeay, with Amaury Guern, AL consulting, Apogea, DevPartner, Dokeos, Les Artisans numériques, PFL consulting, Samu-Informatique, Ze Team

Design:

Art Director: Martine Talent

Layout: Nathalie Cappelletti with Nolwenn Benmeziane, Sandrine Guillaume, Geneviève Lamagdelaine, Sandrine Praud, Jennifer Ribeiro-Marta

Multimedia layout: Sandrine Praud

Editor: Jérôme Sclafer general practitioner with Séverine Carré-Pétraud pharmacist

Editorial Committee: José Aguilar, Marie Babin, Pierre Chirac, Philippe Mura

Section Editors:

- **New products:** Eric Cerqueira pharmacist; Florence Chapelle pharmacist; Nathalie Deleau pharmacist; Antoine Grandvillumin pharmacist; Sébastien Hardy pharmacist
- **Adverse effects:** Élisabeth Veyria pharmacist with Sophie Ginolhac pharmacist and Céline Roussel pharmacist
- **Reviews:** José Aguilar MD; Marie Babin biologist; Juliette Barthe general practitioner; Marc Legrelle diabetes specialist; Philippe Mura MD; Céline Martin pharmacist
- **Information to patients:** Christine Briand pharmacist
- **Health and society:** Clarisse Briand public health; Pierre Chirac pharmacist; Bénédicte Connault MD
- **Book review:** Pierre Frouard general practitioner
- **Guideline watch:** Marine Barillot pharmacist
- **Reader's test:** Christian Bouret general practitioner
- **Take it easy:** Christophe Kopp general practitioner
- **Forum:** Odile Burrus nurse
- **Queries and comments:** Cécile Poilpré pharmacist
- **Prescrire electronic media:** Hélène Merlin pharmacist

Production Editor: Christine Badiane with Sophie Bel

Information search:

- **Companies and agencies:** Olivier Huyghe with Karine Bégnaud, Sophie Ginolhac, Ayah Hakim, Cécile Loubeyre-Unique, Samia Nabi
- **Literature search:** Marine Barillot, Cécile Loubeyre-Unique, Minata Traoré with Astou Badji, Nathalie Hayes and Hortense Sanon

Packaging working group: Olivier Huyghe and Samia Nabi

Editorial Office: Christelle Sissokho with Hélène Declercq

Editors: Nadine Aidan dentist; Laurence Aimard civil engineer; Anne Americh pharmacist; Anne Aubert pharmacist; Karine Bégnaud pharmacist; Éric Bel pharmacist; Angèle Bouquet pharmacist; Delphine Bourneau-Martin pharmacist; Isabelle Breton MD; Sophie Chalons pharmacist; Nolwenn Clec'h communication; Michel Coletti general practitioner; Thomas Declercq pharmacist; Nina Degrell pharmacist; Aurélie Delépine general practitioner; Claude Demange pharmacist; Jean Doubovetsky general practitioner; Houria Farhi general practitioner; Aldo Fari biologist; Nathalie François-Moliner paediatrician; Philippe Gabrié MD; Ghyslaine Galhaud-Costes pharmacist; Marie-France Gonzalez pharmacist; Jean-Pierre Gribeauval medical law; Dörte Gunther geriatrician; Béatrice Guyard-Boileau gynaecologist-

President: Pierre Chirac pharmacist

ASSOCIATION MIEUX PRESCRIRE

"To work, in all independence, in favour of quality healthcare, first and foremost in the interest of patients (...)." (Article 1 of the Association Mieux Prescrire bylaws).

Prescrire International is a monthly journal of selected texts translated from the French journal Prescrire.

Prescrire International is published 11 times a year by Association Mieux Prescrire, a non-profit continuing education organisation (N° 11 711 075) under the French law of 1901. Its board members are: Pierre Chirac (President); Séverine Carré-Pétraud (Vice President); Dörte Gunther (Treasurer); Antoine Grandvillumin (Deputy Treasurer); Bernard Topuz (General Secretary); Maryline Dufils-Gelgon (Deputy General Secretary).

EDITORIAL STAFF Members of the Prescrire Editorial Staff sign a yearly declaration of absence of conflicts of interest, in accordance with Prescrire's "Non merci..." Charter. Members are free from any interest contrary to Association Mieux Prescrire's objectives (the Charter and the Declaration are available online at english.prescrire.org).

Publishing reliable reviews that are easy to use and adapted to readers' needs depends upon complex editorial procedures, all initiated and overseen by the members of Prescrire's Editorial Staff. Members of the Editorial Staff define editorial goals. They oversee the literature search, the writing and rewriting of texts, and the review by a panel of outside experts (medical specialists, methodologists, representatives of Prescrire's subscriber base...). They organise internal and external quality control procedures, and edit the final copy. Every draft is submitted, before publication, to a large number of outside reviewers. Details on how Prescrire's content is produced are available online at the Prescrire in English website (english.prescrire.org); see About Prescrire and How we work.

obstetrician; Ayah Hakim pharmacist; Mélanie Hardy pharmacist; Ghislaine Henry general practitioner; Olivier Huyghe pharmacist; Aurélie Jamet pharmacist; Jérôme Jean nursing; Fabienne Jourdan emergency care; Jacques Juillard MD; Philippe Lecoq internal medicine; Laurence Le Quang Trieu pharmacist; Sophie Logerot pharmacist; Cécile Loubeyre-Unique pharmacist; Nadjat Loumi pharmacologist; Odile Martinet geriatrician; Marie-Anne Mengeot journalist; Gilles Mignot pharmacist; Denis Millières-Lacroix general practitioner; Laure Misrahi-Guillaume pharmacist; Agnès Monchovet-Godard general practitioner; Didier Morère pharmacist; Évelyne Mouret pharmacist; Clotaire Nanga pharmacist; Angelina Nguyen-Tramond general practitioner; Jean-Pierre Noiry general practitioner; Chantal Oliéric pharmacist; Ann Pariente MD; Eve Parry pharmacist; Sophie Pilon pharmacist; Sonia Prot-Labarthe pharmacist; Pauline Quillet pharmacy; Michaël Rochoy general practitioner; Jean-Yves Rolland dentist; Anne-Claire Rosati public health; Bernard Rueff MD; Étienne Schmitt pharmacist; Agnès Sommet pharmacologist; Christoph Steffen epidemiology; Bernard Topuz MD; Florence Vandeveldé pharmacist; Maryse Véron nurse; Cyril Vidal dentist; Caroline Vincent pharmacist

Consulting Editors: Philippe Adrien; Alain Burtcher; Mélanie Hardy; Natacha Marpillat; Annie Péresse; Olivier Rozand

Art and Photo Editor: Olivier Huyghe

Illustrations: José David; Léa Lord; Alain Savino

Indexing: Mélanie Hardy, Hélène Merlin with Laurence Le Quang Trieu, Sandrine Parmentier

Prescrire electronic media: Hélène Merlin

Policy advocacy: Florence Vandeveldé with Teresa Alves, Pierre Chirac, Olivier Huyghe, Christophe Kopp
Projects: Catherine Alexandre; Karelle Le Gleut; Christine Piette; Didier Rod

Reviewers' panels: Laure Misrahi-Guillaume

For Belgium and Switzerland: Sophie Chalons with Marie-Louise Bouffieux, Dominique Leyh (Agence fédérale des médicaments et des produits de santé), and Catherine Delafontaine (pharmaSuisse)

Translations "Assessment Elsewhere": Marie-Andrée Bernard, Annick Pijnenburg, Karin Raton, Eva Stille

Website: Philippe Schilliger and Karen Albrecht

Subscriber correspondence: Anne Americh, Nolwenn Clec'h, Annie Péresse, Jérôme Robert with Huynh Dieu Nguyen

Continuing education programmes:

Pedagogical adviser: Philippe Schilliger • **Instructors:** Anne Aubert; Christian Bouret; Frédérique Dignonnet; Maryse Véron • **Organisation:** Hélène Merlin • **Atelier Médicaments en Question:** Nadine Aidan • **Atelier Questions de Pratiques:** Éric Bel, Christine Guilbaud • **Evaluation:** Sandrine Parmentier • **Accreditation:** Ghyslaine Galhaud-Costes

Preventing the Preventable Programme: Marie-France Gonzalez and Étienne Schmitt with Éric Beaugendre, Éric Bel, Thomas Declercq, Éric Galam, Josette Vallée.

Review Panel:

The following persons reviewed the articles, which were first published in Prescrire then translated for this issue of Prescrire International: Jean-Philippe Arnault (dermatology); Marie-Françoise Avril (dermatology); Johana Béné (pharmacovigilance); Henriette Bosvieux (pharmacy); Valérie Brulé (nursing care); Emmanuelle Brun (Réseau DES France); Anne Cabau (gynaecology - obstetrics); Delphine Carré-Gislard (dermatology); Jean-Pierre Cesarini (dermatology); Céline Chauleur (gynaecology - obstetrics); Pierre Clautre (pharmacy); Christelle Clement-Duchene (pulmonology); François Clinard (epidemiology); Béatrice Crickx (dermatology); Christine Damase-Michel (pharmacology); Éric De Beaurepaire (pharmacy); Didier Debieuvre (pulmonology); Philippe Deguair (oncology); Christian Derancourt (dermatology); Olivier Dereure (dermatology); Brigitte Dréno (dermatology); Robert Dubé (paediatrics - Canada); Geneviève Durrieu (pharmacology); Jean-Louis Feit (pharmacy); Henri Foulques (gynaecology); François Garnier (teaching GP); Damien Giacchero (dermatology); Jean-Marc Gilbert (general practice); Marie-Odile Gobillard-Soyer (HHORAGES); Sandrine Huret (oncology); Nathalie Lafaye (Réseau DES France); Martine Lalande (general practice); Robert Laurent (general practice); Christian Lehmann (general practice); Anne Levadol (president Réseau DES France); Antoine Lévy (pulmonology); Laurent Machet (dermatology); Ludovic Martin (dermatology); Delphine Maucourt-Boulch (biostatistics); Raphaël Maville (general practice); Jean-Baptiste Meric (oncology); Christian Merlin (pharmacy); Jean-Louis Montastruc (pharmacology); Rémy Morello (public health); Thanh Hy Nguyen (general practice); Franck Perrotin (gynaecology); Jean-Pierre Pignon (epidemiology); Olivier Proisl (general practice); Robert Pujol (pharmacy); Florence Ranchon (hospital pharmacy); Hervé Renault (general practice); Jean-Paul Sculier (oncology - Belgium); Florian Simon (pharmacy); François Steenhouwer (pulmonology); Stéphane Tellez (pharmacy); Dominique Tinguand (pharmacy); Didier Torny (sociology); Michel Tournaire (gynaecology - obstetrics); Thierry Trenque (pharmacology); Raphaël Wielgo (hospital pharmacy); Daniel Wirthner (gynaecology - obstetrics - Switzerland); Nassima Yahiaoui (pharmacovigilance)

Copyright Prescrire

www.prescrire.org

Registered address: 83, bd Voltaire 75011 Paris France
 Tel.: (33)(0)1 49 23 72 80 - Fax: (33)(0)1 48 07 87 32

E-mail: contact@prescrire.org

Postal address: Prescrire - 83, bd Voltaire
 75558 Paris Cedex 11 - France

All rights reserved. Contents may not be reproduced, except by individual subscribers for limited distribution, in small quantities, for solely non-commercial purposes.

All other uses: permission must be obtained in writing from the publisher.

Printing: Imprimerie BMG - France



Prescrire is a founder and member of ISDB, a network of drug bulletins that are independent of drug companies, which aims to promote international exchange of quality information on drugs and therapeutics.

Website: www.isdbweb.org